



American
Urological
Association

2026 Annual Urology Advocacy Summit

Establish an Office of Men's Health at HHS

ISSUE

The status of men's health in the United States is alarming and getting worse. Men face unique health challenges, including shorter lifespans, higher rates of disease, and higher suicide rates. The Department of Health and Human Services should establish an Office of Men's Health to promote better health outcomes for men across the country.

BACKGROUND

The health challenges men face often go unaddressed due to stigma, reluctance to seek care, lack of awareness, or inaccessibility. A 2019 Cleveland Clinic Men's Health Survey found that 65% of men avoid going to the doctor as long as possible. Avoiding annual check-ups and screenings, or ignoring early symptoms, can lead to late diagnoses, more invasive treatments, or death. In fact, men are more likely than women to die from treatable conditions such as cancer, diabetes, heart attacks, strokes, and suicide. As a result, life expectancy for men is 5.3 years shorter than women's. These disturbing trends call for targeted approaches that encourage men to prioritize their health and seek early and regular care. A dedicated Office of Men's Health would establish a single, coordinated effort within the federal government to develop and implement national strategies that aim to improve men's health. The Office of Men's Health could coordinate research, raise public awareness, advance policies, and support innovative programs that advance men's health.

Direct and indirect costs
for the five leading
causes of premature
death among men total
\$420.6 billion annually

THE ASKS

AUA requests that members of Congress

- Cosponsor *The State of Men's Health Act* (draft bill), which would establish an Office of Men's Health under the Office of the Assistant Secretary for Health.

CONTACT

To become an original co-sponsor of *The State of Men's Health Act*, please contact

Elizabeth.Beltran@mail.house.gov with Rep. Troy Carter (D-LA-2) or McLean.Piner@mail.house.gov with Rep. Greg Murphy, MD (R-NC-3).